

Videocoaching in 5 steps

step1: YOUR VIDEO

Create max. 10 minutes of video of anything you think would like to get feedback on. It can be either work from the ground or riding, or both. No fancy editing needed but please make sure I can really see things well. Do not video from too far away and with a steady hand or tripod. You can show me good moments for getting tips on how to proceed further, and please feel free to show me bad moments when you want advice on how to problem solve or improve things.

Upload the video('s) to Youtube or any other place that I can watch it from, and send me the link. When you use Youtube and you don't want the whole world to see it, mark your video hidden and share the link with me. If you mark your video "private" I will not be able to watch it.

step 2: ORDER YOUR VIDEOCOACHING SESSION OR PACKAGE

step 3: EMAIL ME

Send me an email with:

- ✓ Your most important questions. Keep them short and clear: what do you need and why?
- ✓ The link to your video
- ✓ Relevant background information about you and your horse (max. 10 sentences)

step 4: MAKE AN APPOINTMENT

After I have received your payment and email I will send you a link to my schedule where you can choose the date and time for your session. When you book package you use that same link to make new appointments. Please make sure you choose the right timezone!!!

step 5: THE COACHING SESSION

Your coaching session will take 30 tot max. 45 minutes. The link you need to connect with me will be sent to you when you make your appointment. If I am not online yet when you open Zoom, just wait ... we will find each other!